

Nutrition Services:

Perhaps the most visible example of services available to these at-risk seniors is the Home Delivered Meal program, which provides meals to frail older adults in their own homes. The purpose of the program is to reduce hunger and food insecurity, provide a daily well-check, and deliver meals to the homebound.

- Home Delivered Meals (Meals on Wheels): 2 of the 10 meals routes from the Council on Aging Painesville Nutrition site go to Concord exclusively. There are currently 28 Concord senior citizens who receive the daily delivery of meals. Since January of 2016, we have served 40 Concord-specific clients.
- Congregate Meals: These are meals distributed through nutrition sites located at a senior center. Data shows that we have 43 active Concord-specific seniors participating since January of 2016.

Home Modification Maintenance and Repair Program (HMMR)

This program provides increased safety for individuals in their homes. The labor to install safety items such as grab bars and handrails are on a sliding fee scale, while the actual supplies must be paid for in full by the client. These modifications, along with health equipment and our other supportive programs, can improve senior's functioning and safety in the home. In turn this reduces the risk of injury, hospitalization, and possibly the need for facility-based long-term care.

- Our data identified 13 HMMR projects in the Concord Township area since January of 2016. Again, this number is actually under-reported due to the above mentioned zip code situation.

The Aging and Disability Resource Center

The Aging and Disability Resource Center (ADRC) provides support to people of disability, and their families every year and the services are available at no cost to the client. We offer benefits counseling to individuals, in-home long-term planning support, and information and assistance to low-income and frail seniors. Additionally, the ADRC will provide home visits for benefits and options counseling to meet the needs of frail or homebound individuals, or those without appropriate transportation.

- Information and Assistance Program: 109 Concord residents
- Benefits Assistance: 37 Concord residents
- Options Counseling: 21 Concord residents

Homemaker Service

The Homemaker program is specifically designed to provide services to low-income, frail seniors, many of whom are homebound. Clients are typically seen 2.5 hours per month. Due to the limited financial resources of this program, services offered are only available to low-income households. A sliding fee scale is in place to make the service affordable and accessible to all eligible clients. In addition to cleaning, the Council on Aging homemaking staff provide a "well-check" for vulnerable seniors. Homemakers report client changes and concerns to the program supervisor and social work team.

- Homemaker data shows 13 clients specifically listed with residency in "Concord". (Again, this does not include residents who live Concord but use a Painesville or Mentor mailing address.)

Volunteerism

The organization currently has 663 unduplicated volunteers, dedicated to the work of the Lake County Council on Aging. Volunteer Opportunities: Meals on Wheels Volunteers, Nutrition Site Assistant Volunteers, Grocery Shopper Volunteers, Friendly Visitor Volunteers, Ohio Senior Health Insurance Information Program, and Special Projects Volunteers.

- The Council on Aging Volunteer database shows 35 residents of "Concord" and/or "Concord Township" that currently assist us in making an impact throughout all of Lake County, in a variety of opportunities.