Your Investment in RUC makes a critical impact!

Relationships Under Construction (RUC) is a Sexual Risk Avoidance (SRA) program for middle and high school students, grades 6-12. RUC provides 5-9 classroom sessions of instruction for each grade level. Since 2002, RUC has served over 403,000 students in Ohio and many more in other states and even in several countries. In Ohio we have seen the teen birth rate decreasing over 60 percent during this time and the teen abortion rate decreasing over 54 percent. RUC makes a critical impact!

In Ohio, since 2002, 400K+ Students Served.

The mission of RUC is "teaching youth the blueprint for strong future families." RUC encourages saving all sexual activity for marriage and helps young people understand dating violence so they can recognize healthy versus unhealthy relationships. RUC explains why marriage and family are so important. Our goal is to assist young people to defend saving sex for marriage with their peers, their parents and their communities.

RUC updated its Constructing Safe Relationships dating violence program in 2017, which now includes three lessons on addiction and a discussion of why pornography is harmful to individuals, families and communities.

Our Goal: Assist Young People To Defend Saving Sex For Marriage

FEMALE 9th Grade Fairfield County

"It really made me think about how I want my life to go from now on. Honestly, an eye opener."